

# SafeNet Domestic Abuse & Support Services

We are here for you during  
lockdown.

We have trained domestic abuse  
workers who can offer you advice  
and support in a way that is safe  
for you.

Please remember that our refuges  
and safe houses are still taking  
referrals and we can help find a  
safe place for you.



[www.safenet.org.uk](http://www.safenet.org.uk)



0300 3033 581



Live chat sessions available  
via our website 7 days a  
week: 10-12pm , 2-4pm &  
8-10pm



[contact@safenet.org.uk](mailto:contact@safenet.org.uk)

# Are you feeling unsafe in your home?

For help and support, and to access safe accommodation or support in the community you can contact SafeNet on 03003033581 you can speak to an experienced support worker.

You can also get advice and support from our website on [www.safenet.org.uk](http://www.safenet.org.uk) or you can email us on [contact@safenet.org.uk](mailto:contact@safenet.org.uk).

We can help with:

Safety advice and planning

Emotional support

Practical support

Access to emergency  
safe accommodation

Access to group support

Access to support for children

